

Mother Daughter Wife Sister Colleague **FRIEND...**

Signs of heart attack in women frequently include:



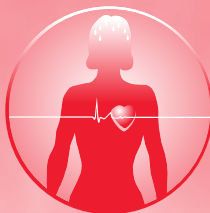
Unusual Chest, Stomach,
Back, Neck, Shoulder or
Abdominal Pain

Severe Nausea or
Dizziness, without
Chest Pain



Shortness of Breath or
Difficulty Breathing,
without Chest Pain

Unexplained Anxiety,
Weakness or Fatigue



Heart Palpitation,
Cold Sweat or Paleness

American Heart
Association®



Learn and LiveSM

To honor the special women in your life, make a tribute donation to the American Heart Association by visiting our Web site at <http://www.americanheart.org> or call 1-800-AHA-USA1

Almost one in two women will die of heart disease. Often women do not recognize heart attack warning signals until it is too late.

Your chance to save a life is now. Share the signs of heart attack with the women you love.

Heart attack warning signs are less recognized in women because they do not always suffer from typical symptoms such as severe, crushing chest pain.

**IF YOU OR
SOMEONE YOU
KNOW
HAS THESE
SIGNS, DON'T
WAIT. CALL 9-1-1
AND GET HELP
FAST!**



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